Practical Workshop Facilitation using the LEGO® SERIOUS PLAY® Materials and Methods
(1 day) - in association with Engage Results

Learn to facilitate active story-building in order to unlock an agile team's imagination and draw out their wisdom and experience. You will learn practical new tools that you can use to guide a team to deeper discovery and shared understanding.

This unique 1-day training event introduces you to the basics of the LEGO SERIOUS PLAY Method. You will learn facilitation skills to help a team apply their combined experience and creativity in Agile collaboration.

You will learn to use the LEGO SERIOUS PLAY Methods to enhance your outcomes from three events:

- User Story and Backlog Refinement Meetings
- Chartering Sessions
- Retrospectives

1. **Target Audience**

   This course is aimed at **Scrum Masters, Agile Project Managers, Iteration Managers,** or other **team facilitators** who want to inject new creativity and playfulness into Agile ceremonies or other team events which creates better and more creative outcomes.

   Agile Coaches, Product Facilitators / Product Owners, Managers and **team members** will also enjoy this course and will learn new ways to engage developers and stakeholders.

   LEGO fans who want to experience a way to combine LEGO play with serious work will also enjoy this taste of the LEGO Method.

2. **Learning objectives**

   After participating in this day of modeling and story telling you will be able to:

   - Explain why and how adults make new discoveries using children's toys in a professional setting.
   - Think with your hands. Recognize and describe the benefits of building models to create new understanding.
   - Understand and relate to the power of metaphor in facilitation and coaching.
   - Enable rich story telling for groups by including physical model building in a story telling session.
   - Use the LEGO SERIOUS PLAY Materials and Methods to facilitate Backlog Refinement Meetings, Elements of Chartering (Liftoff) Sessions, and Retrospectives.

- Facilitate Product Backlog Refinement sessions using your new methods to refine requirements and backlog items (or User Stories) so that they are actionable, correctly sized and ready to be pulled into development.
- Encourage team members to make previously hidden talents, wishes, or skills visible to promote team alignment.
- Focus the wisdom and experience of the team to uncover potential risks and rewards for your product development efforts.
- Hold space in Agile Ceremonies and other events for playfulness and fun.

This is an introduction that teaches you to use basic LEGO SERIOUS PLAY Methods and Materials for three workshops that are common for teams engaged in Agile Software Development. This training is not sufficient for designing new workshops or facilitating workshops that last more than 2 hours. Only facilitators who have worked with experienced trainers will have mastered the full methods well enough to design and facilitate new strategy and identity sessions lasting much longer than two hours. (Contact us to inquire about more advanced training, or to hire a trained LEGO SERIOUS PLAY facilitator for your longer event.)

3. **Benefits**

In this training class you will experience the fun and power of the LEGO SERIOUS PLAY Materials and Methods. You will learn new facilitation skills or hone existing ones. You'll practice new, fresh techniques for facilitating key Agile meetings. Participants will gain new experience in holding space that encourages collaboration and emergence.

4. **Pre-requisites**

As this is an introduction there are no pre-requisites, although it is helpful to have worked with Agile teams. A basic understanding of Agile or some exposure to working in an Agile team would be beneficial.

For some, this will be a first taste of facilitation. This course allows an aspiring facilitator to try out the basics of Agile team facilitation and practice a few new skills in a fun way.

Experienced facilitators have the opportunity to sharpen and renew their existing skills while they are learning and practicing new facilitation techniques. They will gain a new understanding of what it means to be a master facilitator.

This course is not an introduction to Agile Software development. Most participants in this course will arrive with some experience in Agile Software development. However, the methods and materials we are using will allow you to fully experience LEGO SERIOUS PLAY even if you are completely new to Agile. Of course, participants who do have experience with Agile Software Development will be able to develop new insights about producing valuable outcomes in an agile way.

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